

TEMAZCAL

MAYAN SWEAT LODGE TRADITION

AN ANCIENT AND HEALING RITUAL

THE TEMAZCAL SYMBOLISES THE WOMB OF MOTHER EARTH.

DURING THE CEREMONY WARM STONES, ARE BROUGHT INTO THE TEMAZCAL BY THE FIRE GUARDIAN. THE TEMAZCALERA GUIDES THE CEREMONY AND POURS TEA ON THE STEAMING 'GRANDMOTHERS' WHILE THE PARTICIPANTS SEATED ON THE EARTH, EXPERIENCE THIS CLEANSING, PURIFYING AND STRESS-RELIEVING RITUAL FOR BODY, EMOTIONS, MIND AND SOUL.



THE GUIDES

THE TEMAZCALERA MARIE-ROSE MAYELE AND THE FIRE GUARDIANS WERE INITIATED TO THIS PRACTICE DURING THEIR INTERNATIONAL SHAMANIC TRAINING GUIDED BY MARILLIA DA SILVA & CATARINA FERREIRA.



PRACTICAL INFORMATION

- PARTICIPANTS (16+) CAN ENTER THE TEMAZCAL WITH A BATHING SUIT, UNDERWEAR OR NAKED, COVERED WITH A CLOTH AND CAN SIT ON IT INSIDE
- PARTICIPANTS BRING A CLOTH, A TOWEL AND FOOD FOR THE POTLUCK
- THE RITUAL LASTS AROUND 5 HOURS
- WOMEN ON THEIR PERIOD ARE WELCOME
- TEMAZCAL IS NOT RECOMMENDED FOR PEOPLE WHO SUFFER HEAVY HEART PROBLEMS, SEVERE ASTHMA OR PEOPLE WHO TAKE PSYCHOSIS MEDICATION



UPCOMING TEMAZCAL

LOCATION

CHATEAU CORTILS - CHEMIN DES CORTILS 1-10

4670 BLEGNY - BELGIUM

25 MINUTES 🚗 MAASTRICHT (NETHERLANDS)

20 MINUTES 🚗 LUIK/LIÈGE (BELGIUM)

TIME

01.04.2024 @ 11:00 - 16:00

HOW MUCH

91€

77€ FOR EARLY BIRDS (BEFORE 11/03)

- IF AN INVOICE IS NEEDED, PLEASE STATE THIS WITH YOUR BILLING DETAILS, UPON REGISTRATION.

- TO BOOK A NIGHT BEFORE AND/OR AFTER THE TEMAZCAL, CONTACT DIRECTLY CHATEAU CORTILS MENTIONING YOUR TEMAZCAL SUBSCRIPTION: INFO@CHATEAUCORTILS.COM



BANKTRANSFER

COMPAGNIE SQUEEZZ

IBAN: BE78 5230 8079 2486

BIC/SWIFT: TRIOBEBB

PAYPAL



INFO - CONTACT - SUBSCRIPTION

MARIEROSE.MAYELE@GMAIL.COM

WWW.MARIEROSE-MAYELE.ORG

